

REGION ELITE INVITATIONAL



DECEMBER 8-10, 2023

2023 Region Elite Invitational

We're excited for our **THIRD** annual Region Elite Invitational! This competition will provide a perfect opportunity for your team to check in on routines and gauge preparedness for the upcoming meet season. On top of a stellar competition experience, Region 8 will also be utilizing this as an additional objective data point in our Elite Team Cup selection. We highly encourage all of our Region Elite Team Members to attend.

WHO

Don't let the name fool you! This competition is **open for any athlete at any level!** We'll provide sessions for USAG Levels 3-10. You do not have to be part of our Region Elite Team to join. Regardless of your current level it will be a great chance to surround yourself with some of the best gymnasts in the country. Whether you're preparing for an elite competition, or just starting your gymnastics career, this will be a stellar meet to be part of!

WHEN

December 8 - 10, 2023

WHERE

GymTek Academy
5331 Western Avenue
Knoxville, TN 37921

EQUIPMENT

All equipment will be AAI with the exception of Vault. We will be using the Spieth Ergojet Vault.*

*With the competition being so early we will be vaulting onto a soft landing surface (resi with competition landing on top) in order to allow athletes to experiment with higher level vaulting while keeping safety as our top priority.

AWARDS

We've listened to our attendees and have implemented a shorter awards ceremony! You'll notice most of our awards will only be going Top 3 for each event as well as All Around and Team. We know no one wants to be sitting through an hour long awards ceremony, especially in December! This does mean it will be tougher to leave with some hardware, but it'll make it that much more satisfying when you do!

ADMISSION

\$20 Adults (Ages 15+)

\$15 Child (Ages 5 -14)

Admission will be **CASH ONLY**. There will not be an ATM on site and we will not accept check or card. Plan accordingly.

Contact Information

Meet Host: Matt Henry

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Meet Administrator: Allan Malone

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